

Community Activities for people with LD

Here follows the provisional programme of activities for people with Learning Disability designed by the Learning Disability Partnership Board and the local libraries network (The Curve, Cippenham Library, Langley Library) that will be led by volunteers and experts-by-experience. The provisional calendar may start in January 2025.

- 1. Read aloud sessions** - Monthly appointment at The Curve
Read aloud sessions provide an engaging and interactive experience where participants can enjoy listening to stories read by a facilitator, fostering a love for reading and enhancing comprehension skills.
- 2. Sensory stories** – Weekly appointment at The Curve – either on Mondays or Tuesdays morning.
Sensory stories combine storytelling with sensory experiences, using props, sounds, and textures to create an immersive and engaging narrative for participants with learning disabilities.
- 3. Art and Craft Workshops** – Monthly appointment at Cippenham library (1st Wednesday of each month).
Art and craft workshops offer a creative space for participants to explore various artistic techniques and create their own unique projects, promoting self-expression and fine motor skills.
- 4. Social skills group** - Bi-weekly appointment at Langley Library
Social skills groups provide a supportive environment where participants can practice and develop essential interpersonal skills through guided activities and peer interactions.
- 5. Gaming activities** – Monthly appointment at Cippenham Library (4th Wednesdays afternoon of each month)
Gaming activities offer a fun and interactive way for participants to engage in various games, enhancing cognitive skills, teamwork, and social interaction.
- 6. Book club** – Monthly appointment at Langley Library.
A book club provides a welcoming space for participants to read and discuss books together, fostering a sense of community and encouraging a shared love for literature.
- 7. LEGO Club** – Monthly appointment at Cippenham Library (2nd Wednesday afternoon of each month, possibly Thursdays)
A Lego club provides a creative and collaborative environment where participants can build and design with Lego bricks, enhancing problem-solving skills and encouraging teamwork.
- 8. Community newsletter design group** –Monthly appointment at the Curve.
A community newsletter design group offers participants the opportunity to collaborate on creating a local newsletter, enhancing their writing, design, and teamwork skills while keeping the community informed and connected.

9. **Self-advocacy club** - Weekly appointment at The Curve.
A self-advocacy club empowers participants to develop and practice their self-advocacy skills, promoting confidence and independence through guided discussions and activities.

10. **Employment advice** - Weekly appointment at Cippenham Library (either Tuesdays or Thursdays).
Employment advice and tips sessions provide participants with practical guidance and strategies for job searching, resume building, interview preparation, and workplace skills, helping them to achieve their career goals.

Additional activities may be added throughout the year based on participants feedback and volunteer's capacity.