

Slough Older Peoples Steering Group

Inaugural Quarterly Meeting #1

Virtual Meeting – MS Teams

Monday 22nd April 2024

10.30 pm – 12:30pm

Hello and welcome!



Vanessa Pugh
Interim Commissioner (Older People & Carers)

Hello and welcome



Marcia Wright
Co-Production Network Volunteer/Co-Chair

Slough Older People Steering Group

Agenda

- 1. Introductions and Icebreaker: 10.30** 15 minutes
- 2. An introduction to the Slough Older People Steering Group 10.45**
Vanessa Pugh Co-Chair (Interim Commissioner for Older People & Carers)
and Marcia Wright Co-Chair (Co-Production Network – Volunteer) 15 minutes
- 3. Terms of Reference** *Introduction, Group Discussion & Agreement* **11.00** 15 minutes
- 4 . The Older People Strategy and Action Plan – (Overview) – Vanessa Pugh 11.15** 15 minutes
- 5. Setting priorities** – Agreeing on the first top three areas of action **11.45**-half hour
- 6. Pillar of the Older People Strategy – Dementia 12.15** 25 minutes Dr Leidon Shapo Public Health
Introduction, Group Discussion
- 7. Any Other Business & Next Meeting 12.40** 5 minutes - Video Campaign - Co-Production Network Get Involved –

Slough Older Peoples Steering Group



Icebreaker

Share your name, role, and what perspective you can bring to the group.



Any Questions / Feedback?

The Slough Older Peoples Steering Group

Slough Older Peoples Steering Group



The Slough Older Peoples Steering Group wants to improve the lives of Older People and their carers in Slough by challenging the status quo, influencing decisions about services, and preventing, minimising and delaying the need for long term care.

Slough Older Peoples Steering Group

What does the older people steering group do?

- Oversees the Action Plan included in the Older Peoples Strategy 2023/26.
- Ensures Co-Production becomes the normal and expected way of working.
- Makes sure older peoples services are of good quality.
- Makes recommendations and influence decisions about services.
- Informs people about what is happening in Slough.
- To work with SBC and partners to raise the profile of Older People.
- To make decisions together about influencing local services and making those changes happen.
- To raise awareness and understanding about the needs of all Older People. within Slough's diverse community, making no assumptions.

Slough Older Peoples Steering Group

For a successful Older Peoples Steering Group that can bring about change, it is important that all the right people are members.

We want to hear what Older People want, so we would like to invite them and those representing them to join the group.

By joining, you will help shape the future of Older People Services in Slough.

Other members include professionals working in health and social care and other relevant services (housing, DWP, etc).



Slough Older Peoples Steering Group

The Slough Older Peoples Steering Group will meet once every three months

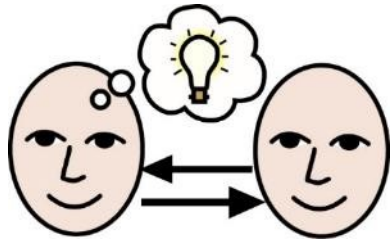
It is likely that there will need to be extended conversations on important topics such as e.g Dementia, End of Life Care, Carer etc.

On this basis individual workstreams will be developed by the subject matter experts in order to deliver and effect change.

Progress of the Older Peoples Steering Group will be reported annually to Cabinet.



Slough Older Peoples Steering Group



Rules to participate:

- Attend at least two meetings per year.
- Using simple language, no jargon.
- Respect other people's ideas
- Be kind to others.
- Work as a team.
- Maintain confidentiality.

Slough Older Peoples Steering Group



Non-member attendance

Meetings are public, and people who are not members of the Group can attend by sending a request to beinvolved@slough.gov.uk at least 10 days before the meeting.

Slough Older Peoples Steering Group

Requests to the older people steering group

Written requests by email can be submitted to the Group for the following:

- Present a specific topic / project / idea / plan / initiative / etc.
- Gain opinion on specific areas of work.
- Request approval for specific projects related to or impacting older people.



Slough Older Peoples Steering Group



Any Questions / Feedback?

ToR Group Discussion

Slough Older Peoples Steering Group



- *Are the draft Terms of Reference appropriate for the Partnership?*

- *Suggestions?*

- *Amendments?*

Final Agreement

Slough's Older Peoples Strategy

2023/2026

Vision and Priorities

Slough Older Peoples Steering Group

Key Elements

A focused work on Prevention and Self-Care

- Enable people to manage their own health and wellbeing
- Prevent the need to take up of Adult Social Care
- Provide access to the right support at the right time
- Enable people to manage their own care and support needs
- Safeguard our vulnerable population
- Progress integration within Health and Social Care
- Embed Co-Production at the heart of Care and Support



Slough Older Peoples Steering Group

Feedback and engagement

- In Person Event
- Online event
- Online Survey
- Service Users
- CVS
- Co-production network
- Adult Social Care Colleagues
- Carers
- Health Partners and other stakeholders

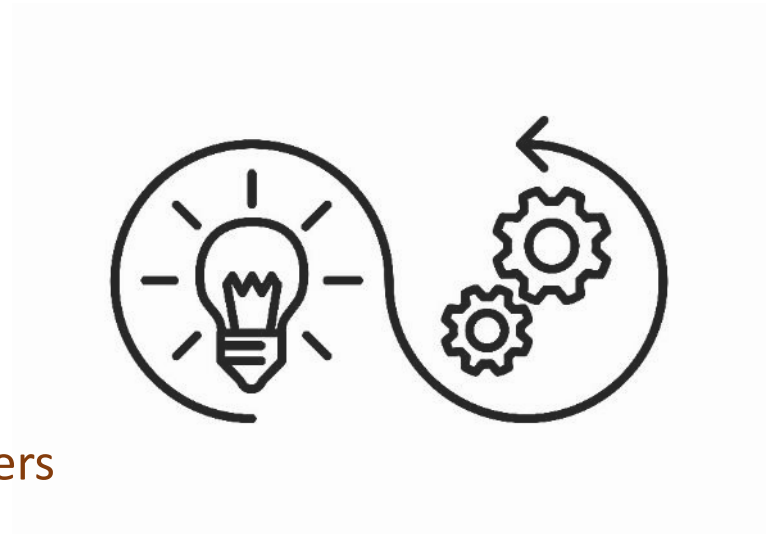
Starting point – more engagement to be sought for actions

bridgebetween.com

Slough Older Peoples Steering Group

Strategy Implementation

- Creation of the Slough Older Peoples Steering Group to contribute, oversee actions and key processes of implementation.
- Introduction of “Working Streams” and “Task & Finish Groups” to deliver on specific pieces of work and projects (e.g. dementia, health, housing, etc).
- Emphasis on the importance of partnership between all stakeholders to co-produce initiatives and achieve success together.



Slough Older Peoples Steering Group



End of Life

A robust and joined up End of Lifeway coproduced with Older People with targets for change.

Self Care

Support Older People to self-care and achieve good outcomes.

Tackling Long Term Conditions

A Dementia Action Plan to minimise or delay Dementia & tackling social isolation.

Housing

New Housing Options for Older People in Slough's Local Housing Strategy reflecting the demographics.

Health Inequalities

Identify barriers to access – work with health to tackle waiting lists and improve life expectancy.

Promote Independence

Work with providers to prevent, delay and minimise the need for long term care.



Any Questions / Feedback?

Workshop Prioritisation

Slough Older Peoples Steering Group



Which strategy action plan tasks do we need to prioritise?

- Choose the three main priorities for you*
- Discuss your choice with the wider group.*



Any Questions / Feedback?

Dementia – A Pillar Of The Older Peoples Strategy

Speaker: Dr Leidon Shapo, Public Health

Any Other Business

Slough Older Peoples Steering Group



Video Campaign

Co-Production Groups

Get Involved – volunteering and other opportunities



Any Questions / Feedback?

Next Meeting

Slough Older Peoples Steering Group

Date To Be Confirmed

To facilitate access and attendance, next meeting will take place via **Microsoft Teams**.

Date and time will be published on website with minutes and distributed via email to participants.





Any Questions / Feedback?

Thank You