

Slough Carers Group

Quarterly Meeting #3

Virtual Meeting – MS Teams

TBC Monday 15th April 2024

11:00 am – 13:00pm

Slough Carers Steering Group

Hello and welcome!



Vanessa Pugh
Interim Commissioner (Older People & Carers)

Slough Carers Steering Group

Hello and welcome!



Remi Gogna
Carers Support & Development Officer

Slough Carers Steering Group

Agenda

1. **Introductions: wider membership and co-chair 11.00** 15 minutes
2. **An introduction to the new Carers Support Officer – Remi Gogna 11.15** 15 minutes
3. **The Carers Strategy and Action Plan – (Overview) – Vanessa Pugh 11.30** 15 minutes
4. **Setting priorities** – Agreeing on the first top three areas of action **11.45**-half hour
5. **Accelerated Reform Grant (ARF) – success for Slough. 12.15** Vanessa Pugh Update
6. **Plans for Carers Week. 12.25** – Remi Gogna
7. **Plans for Carers Active April 12.35** - Remi Gogna
8. **Carers Newsletter - 12.45** - Remi Gogna
9. **Any Other Business & Next Meeting 12.55** 5 minutes - Video Campaign - Co-Production Network Get Involved –



Any Questions / Feedback?

Slough's Adult Carers Strategy 2023/2026

Vision and Priorities

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Adult Carers Strategy 2023-2026



support and encourage carers to manage their own health and wellbeing and, together with partners build carer resilience and make the right interventions when carers are most in need.

6 Key priorities

1. Enable carers to access information, advice and guidance
2. Identify and recognise carers at an early stage
3. Promote carer awareness – including the valuable role they play and challenges they face
4. Provide person-centred support – to enable carers to manage their own health and wellbeing and access to the right support at the right time.
5. Ensure that Carers are viewed and listened to by professionals as experts in care
6. Support effective Integration and partnership work – including co-production and ensuring that carers voice is central to any service development.

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Information & Advice for Carers

Ensure that all professionals working with carers are aware of the Directory of Services operated by Slough CVS.

Early Identification of Carers

Identify the carers through referrals - healthcare providers or community organisations or self-identification.

Carers viewed as experts in Care

Facilitate training / briefing sessions for Adult Social Care Staff and other Professionals on the role of carers.

Equalities

Gathering more information around equalities information. BAME, LGBT

Provide person-centred support

Provide different options: complete their assessment online /phone, others prefer face-to-face.

Develop the in-house carers model

Looking at increasing the reach into more diverse communities by linking in with faith groups.

Workshop Prioritisation

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Which strategy action plan tasks do we need to prioritise?

- *Choose the three main priorities for you*
- *Discuss your choice with the wider group.*

Accelerated Reform Grant

Remi Gogna

A) Plans for Carers Week.

B) Plans for Carers Active April

C) Carers Newsletter

Any Other Business

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Video Campaign

Co-Production Groups

Get Involved – volunteering and other opportunities

Next Meeting

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Date To Be Confirmed

To facilitate access and attendance, next meeting will take place via **Microsoft Teams**.

Date and time will be published on website with minutes and distributed via email to participants.



Thank You