

Preventative Services for Adults in Slough 2024

1. Introduction

The Council has developed an Adult Social Care Strategy 2024-29. This sets out our vision for Adult Social Care with a clear focus upon delivering a strengths-based model of social work practice and supporting and encouraging residents to live independent lives. This includes preventing or delaying the need for take up adult social care and working with statutory and voluntary sector partners to ensure that an appropriate network of wellbeing, care and support services are in place to enable this.

This document provides information on the range and types of preventative services which are available in Slough along with information about the national and local context.

2. National and Local Context

The Care Act 2014 places a duty on local authorities to promote people's wellbeing and provide prevention services. This requires the Council to provide or arrange services that reduce needs for support among people and their carers in the local area and contribute towards preventing or delaying the development of such needs.

Statutory guidance within the Care Act states that preventative services should operate at three tiers.

Prevent – Primary Prevention / Promote Wellbeing

The aim of these services is to stop care and support needs from developing among those who do not have them, for example through health promotion or action to reduce isolation. These are largely universal services which are open to everyone.

Reduce – Secondary Prevention / Early Intervention

These are more targeted interventions aimed at people who have increased risk of developing needs, where the provision of services, resources or facilities may help slow down any further deterioration or prevent other needs from developing. This includes housing adaptations, falls prevention or assistive technology. Services might need to be accessed through adult social care or statutory partners. [Adult Social Care and how to access – Slough Borough Council](#)

Delay – Tertiary Prevention

These are interventions which are aimed at minimising the effect of disability or deterioration for people with established health conditions, complex care and support needs or caring responsibilities, and include support people to regain skills, improve independence and reduce need where possible for example through reablement and rehabilitation. Services might need to be accessed through adult social care or statutory partners [Adult Social Care and how to access – Slough Borough Council](#).

The Council and its partners commission or deliver a wide range of preventative services across each of the preventative tiers. There is not always a neat dividing line between the type of prevention which services can contribute to and this is reflected in the table below – where a service might cross over two or more of the preventative tiers.

Commissioning intentions in respect of preventative services are incorporated into our commissioning strategies for adults which are built upon a preventative approach and support objectives contained within the Council's Corporate Plan¹ and Wellbeing Strategy.² These can be found on our dedicated webpage on the Slough website.³ All strategies have been developed in conjunction with voluntary and statutory partners, local people and the co-production network. Further information about the co-production network can also be found on the Slough website.⁴

¹ [Corporate plan – Slough Borough Council](#)

² [Layout 1 \(slough.gov.uk\)](#)

³ [Adult social care strategies, plans and policies – Slough Borough Council](#)

⁴ [Co-production in Slough – Slough Borough Council](#)

3. Preventative Services in Slough (Adults)

Preventative Tier: Prevent - Primary Prevention and Wellbeing Services

| Service | Provider | Further Information |
|--|--------------------------------|--|
| Libraries | Slough Borough Council | Libraries – Slough Borough Council |
| Leisure Centres | Slough Borough Council | Leisure centres – Slough Borough Council |
| Parks and Green Spaces | Slough Borough Council | About our parks and green spaces – Slough Borough Council |
| Parks Volunteering | Slough Borough Council | About our parks and green spaces – Slough Borough Council |
| Allotments | Slough Borough Council | Allotments – Slough Borough Council |
| Advice and Information | Citizens Advice East Berkshire | Call Us - Citizens Advice East Berkshire |
| Voluntary and Community Sector Services <ul style="list-style-type: none"> - Voluntary and Community Sector Infrastructure Support and Development - One Slough Community Fund - Wellbeing for Slough Directory of Services - Volunteer Development and Training - Community Connectors | Slough CVS | Slough CVS – Slough Council for Voluntary Service Wellbeing for Slough Directory – Slough CVS |
| Disabled Access and Design Guide | AccessAble | AccessAble |
| Carers Co-ordinator | Slough Borough Council | Adult social care – Slough Borough Council |

| Service | Provider | Further Information |
|-------------------|---------------------------------------|--|
| Talking Therapies | Berkshire Healthcare Foundation Trust | Access mental health support Berkshire Healthcare NHS Foundation Trust |

Preventative Tier: Reduce - Secondary Prevention / Early Intervention

| Service | Provider | Further Information |
|---|-------------------------|--|
| Independence and Wellbeing <ul style="list-style-type: none"> - Smoking Cessation - Health Checks - Oral Health - Drink Less - Emotional Wellbeing | Solutions for Health | Health and Wellbeing Slough |
| Community Equipment Services and Assistive Technology Services | NRS Healthcare | Berkshire Community Equipment Service (BCES) procurement - report to Cabinet 19 June 2023 Agenda item 10 |
| Responder Service | GR Response | G.R Response Healthcare Ltd. |
| Carers Co-ordinator | Slough Borough Council | Adult social care – Slough Borough Council |
| Disabled Facilities Grant and Home Adaptations. | Slough Borough Council | Housing Assistance Policy 2022-2027 – Slough Borough Council |
| Falls Prevention | Solutions for Health | Health and Wellbeing Slough |
| Advocacy | Matrix | Advocacy – Slough Borough Council |
| Hope College | Berkshire Healthcare FT | Hope College Slough Berkshire Healthcare NHS Foundation Trust |

Preventative Tier: Delay

| Service | Provider | Further Information |
|--|---|--|
| Reablement and Independence Service | Slough Borough Council | Adult Social Care and how to access – Slough Borough Council |
| Integrated Substance Misuse Service | Turning Point | Slough treatment, advice and recovery team (START) Turning Point |
| Integrated Care Decision Making ⁵ | Multi-disciplinary aligned with Primary Care Networks | Slough BCF narrative plan 2023-24 (Slough Borough Council) |
| Slough Locality Access Point ⁶ | Multi-disciplinary teams | Slough BCF narrative plan 2023-24 (Slough Borough Council) |
| Stroke Recovery Service | Stroke Association | East Berkshire - Stroke Recovery Service Stroke Association |
| Community Mental Health Team | Berkshire Healthcare Foundation Trust. | Access mental health support Berkshire Healthcare NHS Foundation Trust |

⁵ This is both a response (reactive) and proactive, community based integrated response that helps people to remain at home with integrated, personalised response to their health and social care needs. BCF investment has funding additional capacity into supporting this activity including that of social worker, MH practitioner, physiotherapy and OT together with input from PCNs (GP, paramedic, social prescribers) to have integrated and multi-disciplinary discussion and care planning to support people with complex health and social care needs.

⁶ direct daily access for multidisciplinary triage and assessment of referrals to support professionals working with complex cases. Access to the LAP is also extended to Care Home providers to help support them in care of their residents in the care home and avoid unnecessary admissions to hospital and this is being supported by the community consultant geriatrician. The LAP provides a point for referral for people with potentially rapidly escalating care and support needs to provide joint assessment and integrated response to help people remain at home and avoid hospital conveyance by a direct route to a multi-professional, integrated, same day response