



Slough
Wellbeing
Board

Slough Wellbeing Board Annual Report

2020-2021



ROYAL BERKSHIRE
FIRE AND RESCUE SERVICE



Department
for Work &
Pensions



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NHS Foundation Trust



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Frimley Collaborative
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The Slough Wellbeing Board Annual Report at a Glance

The Slough Wellbeing Board Annual Report details the work of the Slough Wellbeing Board over the last year. This report describes the work the Board was involved in between May 2020 and April 2021.

About Slough

Slough has a population of 149,000 people.

This population is relatively young, with Slough's average age only 34.8 years.

Life expectancy in Slough remains lower than the average for the rest of the South East, at 78 years for men, and 83 years for women.

Childhood health in Slough remains poor, with low rates of immunisations, high rates of obesity, and poor oral health.

The Work of the Slough Wellbeing Board

Over the last year, the Slough Wellbeing Board has focused upon working to respond to the COVID-19 pandemic, addressing the priorities laid out in the 2020-2025 Wellbeing Strategy, and ensuring the statutory responsibilities of the board are fulfilled.

Responding to COVID-19

The COVID-19 outbreak led to a pause in the normal work of the Slough Wellbeing Board. The Board took on new responsibilities as part of the COVID-19 response in Slough, particularly in the areas of local engagement and governance for the Black, Asian and Minority Ethnic Project.

Our Priority Areas

In 2020, the Slough Wellbeing Board approved a new Wellbeing Strategy. The 2020-2025 Wellbeing Strategy has four priorities it aims to address. The four priority areas are:

- Starting Well
- Integration
- Strong, Healthy and Attractive Neighbourhoods
- Workplace Health

Some of the highlights from the last 12 months include the progress to create a Children and Young People's Partnership Plan and a Health and Care Plan, the successful rollout of the Strong, Healthy and Attractive Neighbourhoods approach in Chalvey, and the creation of the Workplace Health Toolkit.

Our Statutory Requirements

The Wellbeing Board has several statutory responsibilities it must fulfil. In particular, this year the Board engaged with the CCG around their future plans, oversaw the Better Care Fund Programme for Slough, and worked with the Slough Safeguarding Boards.

What is the Slough Wellbeing Board Annual Report?

The Slough Wellbeing Board Annual Report outlines the work of the Slough Wellbeing Board over the last year. It describes the work the Board was involved in between May 2020 and April 2021.

The Slough Wellbeing Board

The Slough Wellbeing Board is a partnership between organisations from the public, private and voluntary sector in Slough. The board brings together key organisations in the area to work together to improve the health and wellbeing of Slough residents.

The Wellbeing Board consists of senior representatives from:

- Slough Borough Council
- Berkshire Public Health
- Frimley Health Foundation Trust
- Frimley Collaborative Clinical Commissioning Group
- Slough Council for Voluntary Services
- Thames Valley Police
- Royal Berkshire Fire and Rescue
- Slough Youth Parliament
- The Department of Work and Pensions

In Slough, we have made the decision to widen membership beyond the minimum requirements. This allows us to engage with a greater range of partners and work on a wider range of issues. We have also called our partnership the 'Slough Wellbeing Board' rather than the Health and Wellbeing Board, to reflect our chosen focus on wellbeing and the broad impacts this has on a person's life.

Health and Wellbeing in Slough: The Context

Slough is a unique area, and as such, faces unique challenges.

The borough of Slough has a total population of around 149,000 people. This population is relatively young, with Slough's average age estimated to be only 34.8 years. Since the 1930s, people from across the world have made Slough their home, making Slough one of the most diverse authorities in the country.

Located to the west of London, Slough is a densely populated urban area. High levels of personal car use mean there is significant congestion and poor air quality. However, despite the urban nature of the borough and its industrial history, Slough has more than 2.54 square kilometres of parks and open spaces. The council has also recently invested in new leisure facilities, including leisure centres, green gyms, swimming pools and an ice rink.

Slough has pockets of deprivation, and some neighbourhoods offer specific challenges. There are also inequalities in health, primarily between different areas of the borough and between different ethnic groups. Life expectancy in Slough is lower than the average for the rest of the South East, and physical inactivity, cardiovascular disease, obesity and diabetes are high. Slough also has high-rates of preventable ill health amongst children - including obesity, tooth decay and higher levels of hospital admissions for long-term conditions such as asthma.

This health and wellbeing context became even more significant during the COVID-19 outbreak, when Slough grappled with the impact of the virus on its population. One year into the outbreak, nearly 15,000 Slough residents had contracted the virus, and over 300 people from Slough had died with COVID-19. The pandemic has also impacted resident's mental health and wellbeing, with people reporting higher levels of stress and anxiety.

About this Annual Report

The Annual Report offers the Slough Wellbeing Board the opportunity to reflect on the previous year, and to consider how the board has developed over the last twelve months. Most importantly, this report helps us to remain accountable to the residents, businesses, and partners of Slough, whose opinions and experiences must remain central to shaping the future work of the Slough Wellbeing Board.

This report outlines some of the work the Slough Wellbeing Board has undertaken over the last year. The document covers the time from May 2020 to April 2021. The next section of the report outlines some of the highlights of the work done to respond to the COVID-19 outbreak, address the four priority areas outlined in the Slough Wellbeing Strategy, and meet the statutory requirements of the board. The report concludes by reflecting on what is in store for the Slough Wellbeing Board during the next year.

The Work of the Slough Wellbeing Board: COVID-19 Response

The last twelve months have been an immensely challenging time for everyone. In spring of last year, we were in the grip of the first wave of what would become the worst pandemic the world has seen in 100 years.

The COVID-19 outbreak led to a pause in the normal work of the Slough Wellbeing Board. The Board took on new responsibilities as part of the COVID-19 response in Slough, particularly in the areas of local engagement and governance for the Black, Asian and Minority Ethnic Project.

Local Engagement

After the first wave of the COVID-19 pandemic began to subside, predictions suggested that the next stages of the pandemic would be more varied and local in nature. To respond to this, councils were required to develop Local Outbreak Control plans and to establish Outbreak Engagement Boards. The Slough Outbreak Engagement Board was established as a subgroup of the Slough Wellbeing Board to lead on engagement with the public about COVID-19 risks and prevention. The board met frequently during the outbreak, and provided an open and transparent forum where members of the public could receive information and advice about the pandemic.

Black, Asian, and Minority Ethnic (BAME) Project

The Board took on the governance responsibilities for one of the partnership projects working to respond to the crisis - the Black, Asian and Minority Ethnic (BAME) Pilot. This pilot recognises that some communities have been disproportionately impacted by the pandemic, and aims to test ways to strengthen the ability of individuals and communities to protect themselves from the harms caused by COVID-19. The project is run by a collaboration that includes the Slough Community & Voluntary Sector, Slough Borough Council and NHS Frimley Health Foundation Trust. It includes five workstreams: community awareness and engagement; improving information; prevention and harm reduction; COVID-19 clinical management; and workforce. Over the last year, the Wellbeing Board has received regular updates on the work being done as part of this project.

The Work of the Slough Wellbeing Board: Our Priority Areas

At the start of the 2020 municipal year, the Slough Wellbeing Board adopted a new Wellbeing Strategy. The Wellbeing Strategy for 2020-2025 focuses on four main priority areas. These areas are:

- Starting Well
- Integration
- Strong, Healthy and Attractive Neighbourhoods
- Workplace Health

Two of these areas - Strong, Healthy and Attractive Neighbourhoods, and Workplace Health - represent areas where the Board directly shapes the work being done in this area. Starting Well and Integration are priority areas where the Board takes an influencing role, and the work is primarily delivered by other partnership boards which report to the Slough Wellbeing Board.

Priority One: Starting Well

Starting Well is one of the priority areas where the Slough Wellbeing Board has an influencing role in the work being done in this area. The Children and Young People's Partnership Board directly leads this work, and provides regular updates to the Slough Wellbeing Board.

Tackling health and wellbeing issues at an early stage in life prepares our young people for their future. The Children and Young People's Partnership Board aims to improve the experiences of children and young people in Slough by supporting them to live healthy and fulfilled lives. Over the last year, the Children and Young People's Partnership Board has focused on working to develop a new Children and Young People's Partnership Plan. This plan is being created by engaging with stakeholders in the town - including children and young people - to assess which issues and topics are priorities for the future. This plan will set out how the health and wellbeing of young people in Slough will be improved, and will shape the next steps in ensuring our young people have a good start in life.

Priority Two: Integration

Integration is one of the priority areas where the Slough Wellbeing Board has an influencing role in the work being done in this area. The Health and Social Care Partnership Board directly leads this work, and provides regular updates to the Slough Wellbeing Board.

By working closely together, health and social care professionals can ensure that care and support services are aligned and integrated in order to provide better care for our residents. Over the last year, the Health and Social Care Partnership Board has co-ordinated a range of projects designed to improve integration between health and social care. This includes the Local Access Point, which brings together colleagues from the social work, mental health, community nurse and GP teams to work together to design care which works for the social user. The Partnership Board has also been working to develop a new Health and Care Plan, which will outline the next steps towards greater integration in Slough.

Priority Three: Strong, Healthy and Attractive Neighbourhoods

Strong, Healthy and Attractive Neighbourhoods is one of the priority areas where the Slough Wellbeing Board directly leads the work being done in this area.

Strong, healthy and attractive neighbourhoods are built around people, place, local pride and strong collaborative working between the community and its partners. Over the last year, we have continued to progress the rollout of our Strong, Healthy and Attractive Neighbourhoods programme. This programme seeks to work with Slough residents to improve their local neighbourhoods and develop a sense of community pride. The council has worked alongside residents and community organisations in Chalvey to create a Chalvey plan, and to set up the Chalvey Community Partnership to deliver this plan. This group is now working on several projects in the area, including 'Chalvey Can' - a Sport England funded project to encourage people to take part in exercise. Work has now begun to introduce this programme in Colnbrook, and we are currently engaging with the people of this neighbourhood to find out what matters most to them.

Priority Four: Workplace Health

Workplace Health is one of the priority areas where the Slough Wellbeing Board directly leads the work being done in this area.

Having a good job, with a reasonable wage, employment security and a safe working environment can support people to thrive. It can protect against poor health both while someone is working, and later in life. Over the last year, we have focused on producing a toolkit of resources and materials to support employers to promote workplace health in their workforce. This toolkit draws together a range of national and local resources into one place, and includes specific information on the COVID-19 recovery. This toolkit can be found on the Slough Borough Council website, and we are currently promoting it to employers across the town.

The Work of the Slough Wellbeing Board: Our Statutory Requirements

The Slough Wellbeing Board has several responsibilities it is required to fulfil. A full list of these statutory responsibilities can be found in Appendix One. Over the last year, the Slough Wellbeing Board carried out a range of work in order to meet its statutory requirements, including engaging with the CCG around their future plans, overseeing the Better Care Fund Programme for Slough, and working with the Slough Safeguarding Boards.

Clinical Commissioning Group

The Slough Wellbeing Board works closely with the local Clinical Commissioning Group (CCG). The Board is required to engage with the local CCG, and consider their future plans and the impact these will have on the wellbeing of the people of Slough. Over the last year, the Wellbeing Board has particularly engaged with the East Berkshire CCG around their plans to merge with two other CCG's to form the Frimley Collaborative CCG. The Board worked with the CCG to consider the impact this would have on the people of Slough, including the allocations of funding and the specific needs of Slough's population.

Slough Safeguarding

The Slough Wellbeing Board is required to receive the annual report from the Slough Safeguarding Boards, and to ensure that strategic issues arising from Safeguarding Boards inform the work of the Wellbeing Board. This year, the Wellbeing Board received the Slough Safeguarding Partnership Annual Report for 2019/2020. The report outlined the key achievements and challenges identified in safeguarding both adults and children in Slough over the last year, including progress made in training professionals and data sharing amongst agencies. The Wellbeing Board considered this report, and the implications it has for our role in promoting safeguarding in Slough through improving resilience and wellbeing in the community.

Better Care Fund

The Better Care Fund programme in Slough is developed and managed by Slough Borough Council and the East Berkshire CCG. It aims to improve the wellbeing of the people of Slough by joining up health and care services. This year, due to the COVID-19 outbreak, a full Better Care Fund plan was not required to be signed-off by the Wellbeing Board. Instead, information on the future financial profile of the programme combined with the Slough Better Care Fund Annual Report for 2019-20 was brought to the Slough Wellbeing Board in November 2020. This report allowed the Board to reflect on the work of the Better Care Fund programme over the last year, and demonstrated that the programme remains a key part of the movement towards integration of health and social care services in Slough.

What next for the Slough Wellbeing Board?

This annual report summarises the work of the Slough Wellbeing Board over the last year. It provides an overview of some of the work which the Board has been involved in to respond to the COVID-19 outbreak, address its priority areas, and meet its statutory requirements. Through all of these areas of work, the Wellbeing Board has aimed to use partnership working to improve the health and wellbeing of the people of Slough.

The next year is expected to be another challenging year as we continue to grapple with the effects of COVID-19. Over the next few months, the Slough Wellbeing Board expects to continue its role in supporting the people of Slough through the COVID-19 pandemic. As the emphasis shifts towards recovering from the pandemic, the Board will continue to play a key role in promoting the wellbeing of residents in Slough.

Over the next year, the Board will also continue to work to address its four priority areas. The Children and Young People's Partnership Plan and the Health and Care Plan are both expected to be published later this year, outlining the next steps for children's wellbeing and health and social care integration in Slough. We are also planning to roll out the Strong, Healthy and Attractive Neighbourhoods approach in a second Slough neighbourhood, and establish a series of Workplace Wellbeing Awards to further promote Workplace Health in Slough.

Throughout these projects, the Slough Wellbeing Board will continue to work closely with key organisations and local communities in Slough. The Board will continue to use partnership working and collaboration to improve the health and wellbeing of the people of Slough.

Appendix One: Statutory Responsibilities of the Slough Wellbeing Board

The Health and Social Care Act of 2012 set out the statutory responsibilities of Health and Wellbeing Boards. These are:

- To prepare and publish a Joint Strategic Needs Assessment for Slough.
- To prepare and publish a Joint Health and Wellbeing Strategy for Slough.
- To give its opinion to the East Berkshire Clinical Commissioning Group (CCG) as to whether their Commissioning Plans adequately reflect the current Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy.
- To comment on the sections of the CCG's Annual Report which describe the extent of their contribution to the delivery of Joint Health and Wellbeing Strategy.
- To give its opinion, as requested by the NHS Commissioning Board, on the CCG's level of engagement with the Board, and on the Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy.
- To encourage persons who arrange for the provision of health and/or social care services in the area to work in an integrated manner for the purpose of advancing the health and wellbeing of the area.
- To work with partners to identify opportunities for future joint commissioning.
- To lead on the signing off of the Better Care Fund Plan.
- To publish and maintain a Pharmaceutical Needs Assessment.
- To give its opinion to the Council on whether it is discharging its duty to have regard to any Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy prepared in the exercise of its functions.
- To exercise any Council function which the Council delegates to it.
- To ensure that strategic issues arising from Slough's Safeguarding Boards inform the work of the Board.
- To receive the annual reports from Slough's Safeguarding Boards and ensure that partners respond to issues pertinent to the Board.

This document can be made available on audio tape, braille or in large print, and is also available on the website where it can easily be viewed in large print.

Slough Wellbeing Board Annual Report 2020-2021

If you would like assistance with the translation of the information in this document, please ask an English speaking person to request this by calling 01753 875657.

यदि आप इस दस्तावेज में दी गई जानकारी के अनुवाद कए जाने की सहायता चाहते हैं तो कृपया किसी अंग्रेजी भाषी व्यक्ति से यह अनुरोध करने के लिए 01753 875657 पर बात करके कहें.

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Aby uzyskać pomoc odnośnie tłumaczenia instrukcji zawartych w niniejszym dokumencie, należy zwrócić się do osoby mówiącej po angielsku, aby zadzwoniła w tej sprawie pod numer 01753 875657.

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