

Where to get a second hand bike



199-203 Farnham Road, Slough SL1 4XS
Tel: 01753 571394
www.sueryder.org
9am-6pm Monday to Saturday
10am-4pm on Sundays

The Slough Sue Ryder shop stocks a range of second hand bikes available at a very reasonable cost. The bikes are donated to the charity which is working with volunteers to service and refurbish them, so they all come with a certificate for safety. The range of bikes includes scooters and children's bikes as well as full sized adult mountain and road bikes.



www.freecycle.org

The Freecycle Network™ is a grassroots and entirely non-profit movement of people who are giving (and getting) stuff for free in their own towns. It's all about reuse and keeping good stuff out of landfills. Everything is free (including membership) as long as you can collect. There is a Slough group - so keep an eye out for bikes and bike child seats.



www.gumtree.com

The UK's largest classified ads site. A great place to search for second hand bikes, bike child seats etc.



www.preloved.co.uk

If you are buying or selling second hand, Preloved offers a great alternative to the hassle and expense of auction sites, and a fun and friendly alternative to other more anonymous classifieds. With emphasis on local selling, collection is required instead of delivery. Keep an eye out for tag-along bikes and trailers too!

If you don't want to buy a bike but would still like to cycle occasionally, why not consider Cycle Hire Slough?
www.cycleslough.com

When buying or obtaining a second hand bike, please ensure to have it serviced with a reputable bike mechanic.

Disclaimer: The information provided in this leaflet is for reference use only. Slough Borough Council and Sustrans take no liability and have no connection with these businesses. Transactions made with these businesses are made at the individual's risk. Statutory rights are not affected.

Don't have a bike?

Bike too small?

There are places in Slough where you can buy new and used bicycles, often for very reasonable prices.



TD/6204/09-09-15

www.slough.gov.uk
Slough
Borough Council

WORKING WITH
sustrans
JOIN THE MOVEMENT

Why bike?

You can save a lot of money and time as well as improve fitness, health and help the environment by switching to cycling.

- No petrol costs, road tax, MOT or breakdown cover costs
- Free parking and you can often lock up right outside your destination
- Cycling in towns is often twice as quick as driving because your journey time isn't as affected by traffic
- Studies show cyclists breathe in less pollution from traffic than car drivers
- On average, cyclists live two years longer than non-cyclists
- A journey by bike has zero emissions
- You can cycle with young children using child seats, tag-along trailer bikes, tow bars and child trailers. Please see Sustrans advice about cycling with children at www.sustrans.org.uk/cyclingwithkids

For further information about cycling in Slough including a walking and cycling map please go to: www.slough.gov.uk/cycling

Where to buy a new bike



72 High Street, Slough SL1 1EL
Tel: 01753 520528 www.stows.co.uk
9am-6pm Monday, Tuesday, Wednesday and Saturday, 9am-7pm Thursday and Friday, 11am-4pm Sunday
Take a tour inside the shop via Google Maps:
<http://goo.gl/FkBZcw>

Stows Cycles concentrates on providing quality advice, so you get the right bike for your objectives, and a full range of services.

- Bike set-up for all new bikes
- Complementary static bike fit for road bikes and suspension set-up for mountain bikes
- First service free after 6-8 weeks of riding
- Four weeks free insurance
- Interest-free finance available on bikes over £540

The store has a fully equipped workshop and highly trained technicians, who will help you keep your bike on the road and in tip-top condition.

halfords

Halfords Slough
380 Bath Road, Slough SL1 6JA
Tel: 01628 603312
www.halfords.com
9am-8pm Monday to Friday,
9am-6pm Saturday and 10am-4pm Sunday

Halfords sell bikes of all sizes, accessories and have stores all over the country. They also offer:

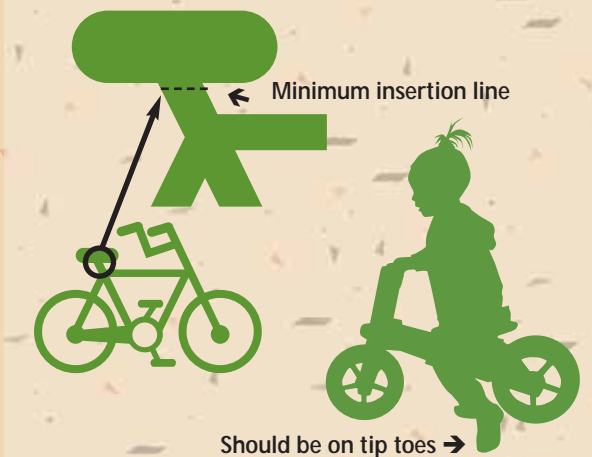
- Bronze, silver and gold bike service
- Bike care plan from £10 for kid's bikes and £20 for adult bikes - with a free silver bike service worth £50
- Six week first bike service - free on all new bikes they build for you

Did you know?

...buying a quality bike is more value for money because you can sell it after outgrowing it. Cheap bikes don't last!

How to check if your bike is the right size for you

When sitting on the saddle your feet should be on tiptoes on the ground. If your legs are bent when touching the ground the bike is too small. The saddle should not be raised above the minimum insertion line.



Remember to buy a helmet and accessories such as front and rear lights and a good quality lock (preferably a D lock).

